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### *Positive Affirmations by Zig Ziglar*

I have recently been reading a book by Zig Ziglar, and he is one of the most dynamic people I have encountered when it comes to having a good outlook on life and making the very best of each day.

In his book, he encourages us to think about these things daily and to repeat them out loud. Doing so, it has had a profound effect on me. Today I want to share those things he wants every person to have.

In Zig Ziglar's book which I will review later, he encourages us to speak positive words to ourselves. He says we should start each day by stating the following.

**I am a compassionate, respectful, encourager who is a considerate,**

generous, gentle, patient, caring, sensitive, personable, attentive, fun-loving person. I am a supporting, giving and forgiving, clean, kind, unselfish, affectionate, loving, family-oriented human being, and I am a sincere and open-minded, good listener, and good-finder who is trustworthy. These are the qualities which enable me to build good relationships with my associates, neighbors, mate, and family.

I'm a person of integrity with the faith and wisdom to know what I should do and the courage and convictions to follow through.

I have a vision to manage myself and to lead others. I'm authoritative, confident, and humbly grateful for the opportunity life offers me. I am fair, flexible, resourceful, creative, knowledgeable, decisive, and an extra-miler with a service attitude who communicates well with others. I am a consistent, pragmatic teacher with character and finely-tuned sense of humor.

I am an honorable person and am balanced in my personal, family, and business life, and have a passion for being, doing and learning more today so I can be and do more tomorrow.

These are the qualities of the winner I was born to be. Tonight I'm going to sleep wonderfully well. I will dream powerful and positive dreams. Tomorrow I will awaken refreshed, and it's going to be an absolutely magnificent day.

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