



Do you enjoy life? Is it a joyful and rewarding experience each day? It can be, but it takes a little discipline to live right and stay focused on what is important. Many spend each day chasing after things that don't matter. Your life and your family are truly what have a lasting legacy. A family that stays focused on living simply and serving God will find that each day is both fulfilling and rewarding.

As I child, I had this one aunt that really cared about me as a child. When I came to see her, she always got down at my eye level and talked to me about what was important to me. Might have been school or my pet, but she listened and showed interest in me. Do you do this for your children or grandchildren? So many times we get caught up in the day-to-day hustle and bustle of life and fail to live in the NOW. My aunt was a real influence in my life, and she has made me a better parent and grandparent.

Why not take a few minutes and think of ways to simplify your life. Cut back on meetings and activities, and take the time to do the things that matter in the long haul. Spending time with family is crucial. Reading scriptures each day will calm and help you to lead a joyful life and help you to get your eyes off yourself and the pressures of life.

This week, I want to share a few different posts from my friend Joshua Becker who has the website becomingminimalist.com. He sends out a weekly letter with links to other people about their fight to keep their lives in focus and how to live a simple and minimalist lifestyle. Check out his weekly recommendations at: www.becomingminimalist.com

Many think more money is the answer. Read this article on Forbes.com

<https://www.forbes.com/sites/joshuabecker/2022/04/26/79-of-americans-believe-more-money-will-make-them-happier-heres-why-theyre-wrong/?sh=123edb7aff33>

Another good link on Minimalist Living by Brittany Kline.

[Minimalist Living: 14 Simple Ways to Easily Improve Your Life](#) | [The Savvy Couple](#) by Brittany Kline. We used to look around our house and feel like we didn't own our things- our things owned us. They took up so much space in our house!

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