



**Are you enjoying life? Is it a joyful and rewarding experience every day? I am very passionate about minimalism. I began studying minimalism over ten years ago, and I believe that it is a journey worth taking. Before we can be truly happy and content in this life, I think we must decide what is it that we want out of life. There are many who want to make a big name for themselves.**

**Others are driven by power and prestige, thinking that one more big raise and promotion will put them right where they want to be. Then there are those who are driven by acquiring the next new thing. This can be so many different things. Some think that a new mansion on the hilltop will bring great happiness. My wife and I built that home in 1984, and while it was nice, in the end, we found it was not all that important. I am happier now in my paid for 1300 sq. foot home than in any of those big houses we lived in all of those prior years.**

**Commercials bombard us daily telling us we are not good enough. Not the right hair-do, not the right clothes, or not the right car. There are those who are not happy with their two-year-old car. I remember being like that. Looking for the next best thing. I know some who think that their cell phone is outdated because something new just came out. If they were giving away I-Phones tomorrow, I personally would not care. I don't need it and don't want it.**

I am thrilled to use the free Android phones that Metro Pcs gives away every other year. A Samsung Galaxy phone does everything I will ever want to do with a cellphone, and they are free when you go on a monthly plan at Metro Pcs.

So why am I so happy and content with what I have? It is all mindset. I am striving every day to be more minimalist and be happy with less. I look to God to meet my every need.

I have like the apostle Paul come to the point that wherever I am, in whatever state I am in, I am happy. When a person knows Jesus Christ as Lord and Savior, things of this world are not all that important.

*Phillipians 4:5 Let your moderation be known unto all men. The Lord is at hand.*

*Php 4:6 Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God.*

*Php 4:7 And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus.*

*Php 4:8 Finally, brethren, whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things.*

*Php 4:9 Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you.*

*Php 4:10 But I rejoiced in the Lord greatly, that now at the last your care of me hath flourished again; wherein ye were also careful, but ye lacked opportunity.*

***Php 4:11*** *Not that I speak in respect of want: for I have learned, in whatsoever state I am, therewith to be content.*

*Php 4:12 I know both how to be abased, and I know how to abound: every where and in all things I am instructed both to be full and to be hungry, both to abound and to suffer need.*

*Php 4:13 I can do all things through Christ which strengtheneth me.*

I hope that in your life, you can reach a point of continual joy and happiness. As I strive for a simpler life, I am finding more time to do things that are important to me. Things that used to take up all my time are not important anymore, and I don't worry myself about them. My life is not wrapped up in doing things and acquiring things that are of no significance.

As my blog site name says, Life can be simple. It can be simple, but it takes a little discipline to live right and stay focused on what is important. At the end of your life, I truly doubt you will wish you had spent more hours at work. But the time spent with family and friends is what counts. Serving God with a pure conscience, and living right with your neighbors. Having a testimony that your

**word means something. That what you say is your bond. Set reasonable life goals, and strive for simplicity. Know what your core life values are, and never do anything that would compromise your core values.**

**Begin today. Start analyzing what you are doing, and find ways to simplify your life. You will be glad you did. Minimalism may not be for everyone, but those who embrace and seek it find a happier and more content life. Change your mindset and find contentment. With God's help, you can be happy in whatsoever state you find yourself in.**

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